

Sominex Herbal



Category	Sleep and Travel
Manufacturer	TEVA UK LTD
Pack size	30
RRP	£4.89
Legal Status	(THR)

Uses

A traditional herbal medicinal product used for the temporary relief of sleep disturbances based on traditional use only.

Format and Ingredients

Tablet containing:

Hop Strobile (*Humulus Lupulus L.*) as dry extract 34mg, Extraction solvent: Methanol 30%v/v, Valerian root (*Valeriana Officinalis L.*) as dry extract 30.8mg, Extraction solvent: Ethanol 60%v/v, Extraction solvent: Ethanol 70%v/v,

Dosage

Over 18 years: 2 tablets one hour before going to bed.
Under 18 years: not recommended.